

GUARD YOUR THOUGHTS.

Ephesians 6:17

and take the helmet of salvation,

1 Thessalonians 5:8

But since we belong to the day, let us be sober, having put on the breastplate of faith and love, and for a helmet the hope of salvation.

Isaiah 59:16-17

He saw that there was no man, and wondered that there was no one to intercede; then his own arm brought him salvation, and his righteousness upheld him. ¹⁷ He put on righteousness as a breastplate, and a helmet of salvation on his head; he put on garments of vengeance for clothing, and wrapped himself in zeal as a cloak.

“What comes into our minds when we think about God is the most important thing about us.” – A. W. Tozer

“I read in a periodical the other day that the fundamental thing is how we think of God. By God Himself, it is not! How God thinks of us is not only more important, but infinitely more important.” – C. S. Lewis, *The Weight of Glory*

Question #1 What is Salvation? – Rescue – Ephesians 6:17

- God’s Word highlights what we need *most*.

Question #2 Who needs Salvation/Rescue? (Why do we need Salvation/Rescue?)

- Romans 3:23 *for all have sinned and fall short of the glory of God,*
- Romans 6:23 *For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.*

Question #3 How do I receive Salvation/Rescue?

- Repent (turn) from your sin and place your faith (confidence) in Jesus Christ.
- Ephesians 2:8-9 *For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, ⁹ not a result of works, so that no one may boast.*

Q: How does God often prepare us for Salvation/Rescue?

A: “It is God’s manner of dealing with men, to lead them into a wilderness, before he speaks comfortably to them.” – Jonathan Edwards¹

Question #4 What are we saved from and to?

- We’re saved from an empty life here and condemnation in hell.
- We are saved to a meaningful life here and eternal life in heaven and the new earth (Revelation 14:9-11; 21:1-8).

Question #5 What does salvation look like?

- Your life trajectory changes when your heart changes (Salvation/Rescue).
- Your life begins to change when your heart changes (Sanctification/Change).

(Ephesians 2:10; Colossians 3:17; 2 Corinthians 5:15)

¹ Jonathan Edwards, *The Works of Jonathan Edwards* Vol. 1 (Peabody: Hendrickson Publishers, 2005), 252.